We need your help as we work toward sustainability for the future.

Parent to Parent FSN-HC will celebrate our 30 year anniversary in January of 2018! You are the reason this program exists and you hold the keys to building a case for support.

We can’t do this without you.

Please share your thoughts and memories to help us demonstrate the value and impact of Parent to Parent FSN-HC to you and the community.

Quick Response Link: Click here to share

Thank you and Happy Holidays!

If you have any questions, please contact Kaaren Hayes at hayeskl@appstate.edu
Gluten Free Peanut Butter Cookie Recipe

Ingredients:
- 1 large egg
- 1 cup brown sugar
- 1 1/2 cups peanut butter
- 1 teaspoon vanilla extract
- 1 1/2 cups chocolate chips

Directions:
1. Preheat oven to 350°F. Grease baking sheets.
2. In a bowl, combine egg, sugar, and vanilla extract. Add in peanut butter and chocolate chips and stir until well combined.
3. Roll dough into balls and place on baking sheets.
4. Bake for 10-12 minutes or until golden brown.
5. Cool on a wire rack.

Super Holiday Photo Ornament

This year, why not take the idea a step further and let your kids create their own ornaments to reflect the personality of the family member they’re about to gift. They could even take a photo of themself or a loved one and incorporate into an ornament, which can be as simple as a PopSockets holder or as sophisticated as a decoupaged wooden frame. The only requirement is that the finished product reflects the personality of its wearer (and includes the year in which it was made). Your kids will have fun capturing their faces over the years, and you’ll love seeing your tree transformed into a family family album.

December 2017 Events/Information
Please Join
The Compassionate Friends
For Our Annual Holiday
Candlelight Memorial Service

SUNDAY DECEMBER 3, 2017
SPRUCE PINE UNITED METHODIST CHURCH
3 O’CLOCK IN THE AFTERNOON

The Compassionate Friends is a
Support Group of
Parents, Siblings and Grandparents
Who have lost a child of any age
under any circumstance

For more information, please call
Tressa Dayton 828-765-4889 or
Teresa Emory 828-284-2287

Please bring a picture or
memento to share.
Refreshments Provided

Join Us for Some
Grinchmas Cheer
as we celebrate
Christmas This Year

Join us for our “How the Grinch Stole Christmas” Christmas Event
This is a FREE Community Event
Sponsored by
Allegheny Partnership for Children
Friday, December 8, 2017
6:00p.m. to 8:00p.m.

Location:
Sparta United Methodist Church
Community Building
FREE * FOOD * FUN * GAMES * MOVIE

Respite Night December 8th
We pray that God is blessing you with peace and joy this Christmas season as we remember the birth of His precious son! Just a quick reminder about the next ABF Special Needs Respite Night, next Friday, December 8th, from 6:00 to 8:30 pm, at the ABF Commons. We hope you’ll be able to join us for another special evening. Sign up to attend at: https://abfboone.ccbchurch.com/form_response.php?id=136. Great time to go Christmas shopping without the kids, or enjoy a little peace and quiet before the rush of the Christmas season.

Also, there will be a Christmas Cookie Exchange right after Respite Night, at about 8:15 pm, in the ABF Commons for anyone who would like to participate. See more details below. This is a fun way to share some cookies and some fellowship during this very special season.

Remember to mark April 14th on your calendars for Joy Prom 2018! It’s such a blessing to watch what God is doing in our community and to walk this road with you. May your Christmas and next year be a lovely time of reflection, joy, and peace. Please let us know how we can encourage you in your journey!

God bless,
Ronny and Anne Margaret Wright

ABF Respite Night Christmas Cookie Exchange

Parents and volunteers are invited to participate in a Christmas Cookie Exchange at 8:15 pm, December 8th, at the end of Respite Night. We know how busy Christmas can be for families, and even more so for families with a child/adult with special needs. It is much easier to make several dozen cookies of your special recipe, than to make several different recipes. This is a fun way to share some sweets, some laughter, and some great company. The guidelines below should help make everything run smoothly. Most importantly, come with or without cookies, and share some time together!

**Cookie Exchange**

- Every family may bring from two dozen to six dozen cookies to exchange. Please bring your cookies in bags or boxes of six cookies each. This will make exchanging the cookies very easy, and keep each variety safely tucked away until you get home.
- You may bring all of one variety of cookie, or different types. Just make sure to pack them in bags of six to make the exchange easier.
- It is best to bake the cookies a few days ahead of time so they can lose a bit of their moisture and not fall apart too easily. Cookies that freeze well will help your goodies last until Christmas.
- Please bring a bag, box, or basket for carrying home your treats.
- If you want to share your special recipe, please email it to me (rawright@skybest.com) by Wednesday, December 6th. We will email this list to anyone who would like the recipes. I’m sure there will be some new favorites that families will want to make again!
- If you’re not a baker, it is fine to bring cookies from a bakery or store to exchange. Please don’t feel like you have to participate!!!! We care about each of you - with or without cookies!!!
Gingerbread Time
at Wilkes Community Partnership for Children

Wednesday, December 13th
9:00 am
10:30 am
1:30 pm
3:00 pm
5:00 pm by Request

Gingerbread time....
Join us at the Wilkes Community Partnership for Children to explore making Gingerbread Houses for the winter season. This event is FREE and open to families and children ages 5 and under.
To RSVP or for more information contact Jennifer at (336)838-0977 or at jennifer@wilkeschildren.org by December 8th.

ALL CHILDREN RECEIVE A FREE BOOK

1915 West Park Dr
Suite 107
N. Wilkesboro, NC 28669

For more resources, please go to

www.p2presources.com