



Fostering the Parent

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Family Support Network of the
High Country

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Dissecting Dyslexia by Thomas S. May (2006)

Genetic differences in the brain make learning to read a struggle for children with dyslexia. Luckily, most of our brain development occurs after we're born, when we interact with our environment. This means that the right teaching techniques can actually re-train the brain, especially when they happen early.

Children who do not learn to read fluently by age 10 or 11 are often thought to be lacking in intelligence or motivation. In most cases, however, they are neither stupid nor lazy. They have dyslexia, a learning disability that makes it very difficult for them to understand written language, despite having a normal—or

higher-than-normal—IQ. Recent studies suggest that the reading difficulties people with dyslexia experience are caused by "faulty wiring" in certain areas of the brain, and there are indications that this faulty wiring is due, at least in part, to identifiable genetic defects or variations. Early screening for such variations would make it possible to provide timely and appropriate remedial training, some experts suggest, allowing children with dyslexia to overcome their disability and learn to read at an acceptable level. **Excerpt from "Reading Rockets" website** <http://www.readingrockets.org/article/10779>

AFFILIATED WITH:



Appalachian State University



Children's Developmental Services Agency of the Blue Ridge



Family Support Network of North Carolina



High Country United Way

Becoming A Love and Logic Parent

Parent training program designed by the Love and Logic Institute available in Watauga & Ashe Counties

Would you like some "how to's" in classic parenting dilemmas:

"How do I get them out of bed in time to catch the school bus?"

"How do I stop my children from bickering and fighting?"

"How do I get my children to help with the chores without an argument?"

"Is there a way to discipline my toddler in public without creating a scene?"

"How can I get my teenage daughter to come home at the agreed upon time?"

This course is designed to give you practical skills that can be used immediately.

Watauga County:

TIME: 6-8 PM

DATE: SEPTEMBER 18 - OCTOBER 30

PLACE: Large Conference Room/ Human Resource Building, Boone

COST: \$10 (per 1 book)

To register for this class please call: Roberta Yates, MA @265-8100 or email at roberta.yates@ncmail.net

Ashe County:

TIME: 6-9 PM

DATES: SEPTEMBER 18, 25, OCTOBER 2, 9

PLACE: Family Central School Road, Jefferson

To register for this class please call (866) 812-3122.

Upcoming Events

Call us for more information.

Share Groups

Challenging Behaviors Share Group is an opportunity to come join other families once a month to share knowledge, strengths, hopes and experiences. We eat together, visit, relax and learn about new resources and ways to help our children and ourselves. We respect each person's right to confidentiality and all agree that any personal information shared at a



meeting, stays at the meeting. We believe that both information and fun are important. Topics in the past have been an introduction to the Love and Logic parenting approach, How To Keep Your Stripes On (Stress Relief) and a family picnic. We strive to take an active part in making services better for our children.

This group is sponsored by FSN-HC and Watauga Youth Network.

Families with Medically Fragile Children Share Group is a unique opportunity for families to meet and share with others with similar lifestyles and concerns.

Both Share Groups meet the second Friday of each month at 6pm at the Challenging Behaviors Share Group, Boone Unitarian Universalist Church, Boone.

Support groups are also meeting in Wilkes and Alleghany. For information call and leave a message for Norma at (866)812-3122.

New families are always welcome! For more information or to RSVP, please call (828) 262-6089. Childcare is provided if requested.

Book Spotlight

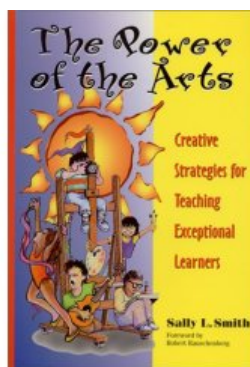
The Power of the Arts: Creative Strategies for Teaching Exceptional Learners (Paperback) by Sally L. Smith

About the Author

Sally L. Smith is the Founder/Director of The Lab School of Washington, a school she founded and designed in 1967 for intelligent children and adults with learning disabilities. Since 1976, she has been a professor in the School of Education at The American University in charge of the Master's Degree Program in Special Education: Learning Disabilities. It is Professor Smith's belief that everyone can learn, and she has designed teaching approaches involving all the art forms and experiential education to teach academic skills to children and adults. In 1967, she originated the Academic Club Method, which has been overwhelmingly successful with Lab School students.

About the Book

From the founder and director of the Lab School in Washington, D.C., this enlightening book provides an alternative method for teaching academic subjects to students with disabilities - the arts. Educators, art teachers



and therapists, learning disability specialists, recreation leaders, and parents will discover how to infuse academic material and life skills into arts activities in order to help exceptional students learn. Through interviews with Lab School teacher-artists, readers will get step-by-step instructions for a variety of projects that enable

students to see science in woodwork, find geometry in sculpture, learn vocabulary through theater, and study math through music. Case examples illustrate that this innovative approach builds on students' individual strengths and interests and raises their self-esteem - and that all children will learn and be uplifted through the power of art.

For more info go to www.amazon.com

Bring Autumn's Beauty Indoors with Leaf Place Mats

MATERIALS:

- Glue or glue stick
- Construction paper
- Acrylic paint and brushes
- Con-Tact paper
- Scissors
- Leaves
- Camera

1. Start with a pile of leaves, some energetic kids and a camera. After the pictures are developed, pick one that captures the spirit of the day and glue it onto a place mat-sized piece of paper.

2. Decorate the border with drawings or leaf prints (lightly paint the back of a leaf with acrylic paint, then press onto the paper).

3. Once dry, laminate with clear Con-Tact paper or, for about \$3 each, splurge and have the place mats professionally laminated at a copy shop.



Time needed: Under 1 Hour

Help us save money!! If you have an email address that we can use for this newsletter, please email to hayeskl@appstate.edu or call (828) 262-6089. This newsletter is also available on-line at www.parent2parenthighcountry.org.
