



# Fostering the Parent

Volume 1, Issue 6

August 2006

Family Support Network  
of the High Country

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www.parent2parent  
highcountry.org

## Medically Involved Infants and Children

FREE WORKSHOP FOR  
FAMILIES AND SERVICE PROVIDERS

August 29

5:30-8:45pm

North Wilkesboro Presbyterian Church:  
Finley Fellowship Hall

804 E. Street

N. Wilkesboro, NC 28659

5:30pm: Light supper and time to visit and meet others

6:00-8:45pm: Teaming with your medical providers

Dr. Adrienne Classen

Connecting with and supporting your child

Donna Soule, Sheri Stroyek, Maureen  
Migliore, Mary Marie Wilkie

Supporting yourself

Betty Cole, mother of a 23-week preemie

RSVP to Kaaren Hayes (828)262-6089

Toll Free (866) 812-3122, or email:  
hayeskl@appstate.edu

EI Credits Provided

AFFILIATED WITH:



Appalachian State University



Children's Developmental Services Agency of the Blue Ridge



Family Support Network of North Carolina



High Country United Way

## Upcoming Events

September 8: 6pm Challenging Behaviors Share Group, Boone Unitarian Universalist Church, Boone

September 8: 6pm Families with Children with Special Needs Share Group, Boone Unitarian Universalist Church, Boone

Call us for more information.

## Becoming A Love and Logic Parent

Parent training program designed by the Love and Logic Institute available in Watauga & Ashe Counties

Would you like some "how to's" in classic parenting dilemmas:

"How do I get them out of bed in time to catch the school bus?"

"How do I stop my children from bickering and fighting?"

"How do I get my children to help with the chores without an argument?"

"Is there a way to discipline my toddler in public without creating a scene?"

"How can I get my teenage daughter to come home at the agreed upon time?"

This course is designed to give you practical skills that can be used immediately.

Watauga County:

TIME: 6-8 PM

DATE: SEPTEMBER 18 – OCTOBER 30

PLACE: Large Conference Room/Human Resource Building, Boone

COST: \$10 (per 1 book)

To register for this class please call: Roberta Yates, MA @265-8100 or email at roberta.yates@ncmail.net

Ashe County:

TIME: 6-9 PM

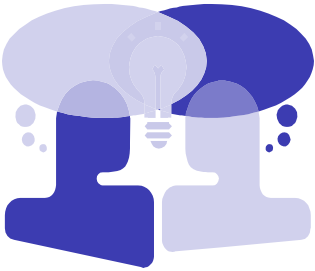
DATES: SEPTEMBER 18, 25, OCTOBER 2, 9

PLACE: Family Central School Road, Jefferson

To register for this class please call (866) 812-3122.

## Share Groups

**Challenging Behaviors Share Group** is an opportunity to come join other families once a month to share knowledge, strengths, hopes and experiences. We eat together, visit, relax and learn about new resources and ways to help our children and ourselves. We respect each person's right to confidentiality and all agree that any personal information shared at a



meeting, stays at the meeting. We believe that both information and fun are important. Topics in the past have been an introduction to the Love and Logic parenting approach, How To Keep Your Stripes On (Stress Relief) and a family picnic. We strive to take an active part in making services better for our children.

This group is sponsored by FSN-HC and Watauga Youth Network.

## Share Groups

ASNC Catawba Valley Chapter Autism Support Group

**A Tale of Two Moms: *Parenting Across the Autism Spectrum***

September 7

6:00—8:30 PM

Hickory Church of Christ

Fairgrove Church Rd. (Exit 128— Off I-40)

For more information, email Amy Whichello at [awhichello@charter.net](mailto:awhichello@charter.net).

**Ann Palmer** is married with three children, one of whom, Eric, is twenty-three and was diagnosed with autism when he was two years old. She has 13 years experience working with families of individuals with autism at Division

TEACCH (Treatment and Education of Autistic and related

## Changeable Carryall Tins

Need a handy place to stash lunch money, notes, or other small but important items? These personalized, changeable tins are just the thing.

### MATERIALS:

- \* Small, empty metal box, such as the kind Altoids mints come in
- \* Paper
- \* Adhesive-backed magnetic sheet
- \* Colored pencils or markers

Time needed: Under 1 Hour

**Families with Medically Fragile Children Share Group** is a unique opportunity for families to meet and share with others with similar lifestyles and concerns.

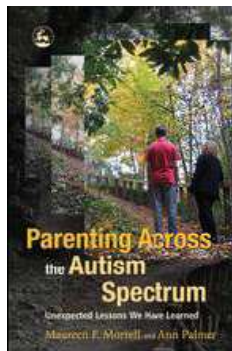
Both Share Groups meet the second Friday of each month at 6pm at the Challenging Behaviors Share Group, Boone Unitarian Universalist Church, Boone.

Support groups are also meeting in Wilkes and Alleghany. For information call and leave a message for Norma at (866)812-3122.

New families are always welcome! For more information or to RSVP, please call (828) 262-6089. Childcare is provided if requested.

Communication handicapped Children). Ann is presently the Director of Chapter Relations for ASNC. She is the past president of the Board of Directors of the Autism Society of North Carolina and has volunteered in the autism community for over 20 years. She is also the author of *Realizing the College*

*Dream with Autism or Asperger Syndrome* (Jessica Kingsley Publishers, October 2005).



**Maureen Morrell** is married with three sons: Justin, the oldest at 27, has autism. Maureen has a background in nursing and public health, and has been active in advocacy for individuals with autism spectrum disorders and their families for over 20 years. She has served two terms on the Board of Directors of the Autism Society of North Carolina (ASNC).

1. Trace the top of the tin onto both the paper and the magnetic sheet, then draw and color a design on the paper.

2. Cut out both shapes, remove the backing from the magnet, and stick the drawing to it.

3. Set the decorated magnet on the top of the tin, then fill the tin with all those very important things.



From  
[www.familyfun.com](http://www.familyfun.com)

Help us save money!! If you have an email address that we can use for this newsletter, please email to [hayeskl@appstate.edu](mailto:hayeskl@appstate.edu) or call (828) 262-6089. This newsletter is also available on-line at [www.parent2parenthighcountry.org](http://www.parent2parenthighcountry.org).